

NEWSLETTER APRJL 2021



VIEW FROM THE PRO-SHOP

First up I hope this Newsletter finds you and your family well. Finally the day has come when we can all return to the Golf Club. It goes without saying what a difficult few months it has been for everyone, but hopefully now with the outlet of Golf we can all smile again ©

The course looks amazing – great credit to all the lads for their terrific work throughout the lockdown. There are some nice surprises in store for you scattered around the course and indeed in the clubhouse when it opens again

All of us in the Pro Shop are looking forward to seeing you all again. The shop is wall to wall with new stock, freshly painted with new lights to boot.

On the hardware front we have the new G425 range from Ping, SIM 2 from Taylor Made and D9 from Wilson. Plenty of Demo Clubs are on hand for trialling and custom fitting with our state of the art GC2 Launch Monitor. There is also a new surprise up on the range that will enhance your custom fitting experience. It will be hard to miss it when you're up there!!

Unfortunately in the initial stage I am not allowed to teach or custom fit but hopefully that will soon open up too.

So from tmrw morning the shop will be open, limited to 2 customers at any given time – so drop in, maybe grab a takeaway coffee and check out all the new stock.

See you all soon











DRIVING RANGE

The Driving Range will be run on a timesheet basis, similar to last year. There are 5 bays available at any given time and once a booking is made (through the Pro Shop) each member will have 1 hour in an allocated bay. Cost is €5 and the member will receive a large basket of balls

Within your hour slot you will also have access to the pitching area and chipping green but this will be on a first come first served basis.A maximum of 2 people can use the chipping green at any given time and 1 person can use the pitching area within the hour.

It is important to stress that only those who have a range booking can use the chipping and pitching areas within their hour



* AN OLD TIP FROM LAST YEARS LOCKDOWN BUT STILL USEFUL FOR YOUR ONGOING GARDEN PRACTICE ©

STEPHENS GARDEN TIPS OF THE MONTH

PGA Pro The Sof golf

When you are practicing in the garden always use tees, you need something to focus on rather than just slash at the grass in frustration. A really simple warm up drill is putting 10 tees in the ground in a row, pick any club and hit the tees out one by one swinging as hard as YOU can. The challenge is to maintain your balance at the end of each swing (5 seconds without falling over) If you are comfortable and balanced at the completion of your follow through you have 90% of a good swing!

IRON DRILL

One of the keys to good iron play is a *descending* angle of attack into the ball with your clubhead. To achieve this, at impact you need approx 70/80% of your weight on your front leg with the shaft leaning diagonally forward as the club makes contact with the ball. This ensures the divot comes after the ball, whereas poor iron players generally snag some of the ground before the ball. With this in mind put 5 tees in the ground, now lay a towel out on the ground 2 inches behind the tees.

Your objective is to make contact with the tees without hitting the towel. When you start doing this you can be sure you are doing all the right things to hit crisp irons



DRIVER DRILL

The opposite is the case with the driver, you are looking to hit the ball as the driver head is just about on its way back up (ascending angle of attack) Most poor drivers of the ball tend to have an iron angle of attack with their driver and as a result chop at the ball. This can have disastrous results!

With this in mind set your 5 tees in the ground again, only this time lay the towel out 2 inches ahead of the ball. To achieve the correct clubhead angle of attack for the driver you should be able to clip the tee but not hit the towel. If you are catching the towel you need to keep practicing this

