

NEWSLETTER JANUARY 2017



HAPPY NEW YEAR FROM THE PRO-SHOP

It's our first newsletter of 2017 and and a chance to wish you all a great golfing year ahead. I would also like to thank you all for your support in 2016 and assure you that we will do all we can do deliver a quality service to members and visitors alike over the coming 12 months. I would like to remind you all that the shop policy is to try and better any price you get elsewhere, and in most cases we succeed in doing this. With this in mind I would urge all members to give us this opportunity should you see golf equipment elsewhere that you are thinking of purchasing.

All our new Club officers are now in place and we wish them all an enjoyable year ahead – don't forget that Jack and Marys drive in is scheduled for Feb 26th which promises, as usual to be a great occasion ©

Finally I'll be running new coaching groups from March (Men and Ladies) However this time around you'll be given the opportunity to drop in and out of sessions depending on which area of the game you feel you need most attention – in other words rather than buying into all 8 weeks you'll be able to, for example, go to the chipping session, or the bunker session and leave it at that. I'll keep you posted over the coming weeks with more details

SHOP SALE

There is lots of Spring stock and new brands on the to the Pro Shop in the coming weeks, which means we are clearing out all our 2016 merchandise over the next 2 weeks. We have some incredible bargains, including Mens and Ladies ½ price rails and selected shoe brands also ½ price. Drop in ASAP and pick up your bargain...



WINTER SERIES WEEK 6

We've been fortunate enough to have an uninterrupted series so far, and with only 2 qualifying weeks left before the Grand Final the tension is hotting up!

Week 6 saw Peter O'Shea make a charge up the leaderboard – his 34 points was good enough to take the weekly prize and at the same time catapult him into 6th place. Dan Byrne is still the man to beat on 68 points, with some of the clubs heaviest hitters hot on his heels. The final 2 qualifying weeks are 21/22nd Jan, 4/5th Feb with the Grand final taking place on Sunday 19TH Feb – still plenty of time for you to make your move!!!

1	DAN BYRNE	34	34	68
2	FRANKIE MORRISSEY	34	33	67
	BILL WHELAN	32	35	67
4	JAMES MORRISSEY	33	33	66
5	PHILIP BROWNE	33	32	65
6	VINCENT BYRNE	32	32	64
	PETER O'SHEA	30	34	64
8	JIM MACKEY	29	34	63
	JOE DELANEY	34	29	63
	JOHN BAIL	32	31	63
11	TOM CUMMINS	29	33	62
12	KEITH WHELAN	32	29	61
	JIM GAHAN	32	29	61
	ALAN SOMERS	32	29	61
15	PATRICK KAVANAGH	30	30	60
	RAJ TIRBHOWAN	29	31	60
	NICKY MURPHY	31	29	60
	RICHARD O'CONNOR	29	31	60
	DAVID BRADLEY	30	30	60
20	WESLIE RUTTLE	30	29	59
	PAT CREAN	30	29	59
	BRIAN O'CONNOR	27	32	59
	RORY O'CONNOR	26	33	59
24	MARTIN SLUDDS	31	27	58
	SEAN HEGARTY	30	28	58
	EOIN MULLARKEY	28	30	58
	DECLAN LYONS	28	30	58

WINTER SERIES ORDER OF MERIT WEEK 6

STEPHENS TIP OF THE WEEK



NEW YEARS RESOLUTIONS 2017

Ok so you want to play better this year? Would love to win some prizes? Get on a team? The problem is you really don't have the time or inclination to head up to the range and devote hours perfecting your art???

Well help is at hand ⁽³⁾ or more specifically 4 simple suggestions for you to commit to this year that are guaranteed to improve your golf, without the blood, sweat and tears

- Warm up pre-round. Whether you go to the range or stretch in the car park make sure you are ready to play on the first tee.
 So many times I hear "It usually takes me 4 holes to get going"
 Sadly this is because the same golfer has run from the car to the first tee, often getting their playing partners to sign in for them!!
- 2) Hit some putts this takes 5 minutes! How many of you go to the putting green before your round? How many of you have a specific routine when you get there? Work out a routine that incorporates long and short putts, always finishing with 5 putts from 1 foot to put you in a positive frame of mind
 - 3) Develop your own shot routine and stick to it FACT: Most golfers who have no consistency on the course have a different routine on every shot. Be consistent in how you approach every shot from the 1st to the 18th e.g. Visualise the shot, practice swing, pick your target, count to 5, GO!!
 - 4) Hydrate and Fuel correctly Bring water with you and sip often. If you get thirsty it's too late. You'll get mentally tired late in the round and let shots slip away. The same goes for food – bring a banana, energy bar, bag of nutts etc and nibble away as you play!

I could suggest more but 4 areas to focus on is manageable and easy to implement – Incorporate these 4 changes into your game this year and I guarantee positive results!!!



Over the past few months we have been very active on our Pro Shop Facebook page and over the coming months we intend to continue updating the page with news, offers, tips, photos and general info.

If you haven't found us already, look us up and 'like' us 😊

We are also now on Twitter too so please find us and follow us



TEA/COFFEE MACHINE

Don't forget we now have a Tea and Coffee machine in the shop where you can warm up pre Round and get yourself a complimentary biscuit while you're at it ©

UPCOMING EVENTS

21ST/22ND JAN – WINTER SERIES WEEK 7

22ND 24TH LADIES 9 HOLE STABLEFORD